



Inayatiyya

A Sufi Path of Spiritual Liberty

A Sufi Message of Spiritual Liberty

CLASS # 4 NOTES

SUNDAY, 29th October 2023

Attunement to Melchizedek:

As-salam 'alayka ya Melchizedek 11x

I honor the bread of the knowledge of the One 5x

I honor the wine of the love of the One 5x

Practice:

Amaan 101, 301 or 501x

Spiritual Liberty Volume V, The Sufi Message of Hazrat Inayat Khan
Centennial Edition includes the following six books:

A Sufi Message of Spiritual Liberty

Aqibat: Life after Death

The Phenomenon of the Soul

Love, Human and Divine

Pearls from the Ocean Unseen

Metaphysics

Class # 4: *Love, Human and Divine*

General information

Published by the Sufi Publishing Society, London, in 1919

A volume in the “Voice of Inayat” series, compiled and edited by Sherifa Lucy Goodenough

Stylistic aspects

Recorded discourse or table talk

Occasional references to the Qur’an and the Gospels

Many stories from Persian and Indian sources

Summary

The Philosophy of Love

Four successive cosmic principles: intelligence, love, existence, experience

Definition of love: the desire to be conscious of the object of love

The whole creation is made for love

Love increases in the course of evolution

Love shows itself in the expression; love attracts love

Every soul brings love to earth when it is born

Love’s light is more precious than jewels

Love is a fire

Love is first for self, then for love interest, then for children

Love provides strength, protection, healing, knowledge, concentration

Love bends time and space

Shirin and Farhad

Familiarity and separation, alternating, increase love

Yusuf and Zulaikha

Beauty takes away the consciousness of self

The Moral of Love

Love is tested when the beloved's defects become visible

Love lies in service; where there is love there is patience

Love always includes pain; pain brings the heart to life

Six signs of love: deep sigh, mild expression, moist eyes, eating little, speaking little, sleeping little

The lover misses the beloved in separation and fears separation in union

The ghazal portrays the psychology of the lover

To love God one must love fellow humans

Laila and Majnun

To see the beauty of Laila the eyes of Majnun are needed

Divine Love

Jami advised a would-be murid to love a human first

The growth of love is the decay of the ego

Unwilling surrender is a curse, willing surrender a joy

A thoughtful soul seeks friendship that lasts

Love leads from shaikh to rasul to Allah

Stories

Shirvan Bhagat

Shirin and Farhad

The passing funerals

Gulfam and Sabzpari

The royal bed

Surdas

Laila and Majnun

The maiden and the mullah

The murid who fell in love

Moses' guest

Moses and the shepherd

Some Key Passages

When the light of love is lit the heart becomes transparent, so that the intelligence of the soul can see through it, but until the heart is kindled by the flame of love the intelligence, which is constantly yearning to experience life on the surface, is groping in the dark.

As love is the source of creation and the real sustenance of all beings, so, if one knows how to give it to the world around one as sympathy, as kindness, as service, one supplies to all the food for which every soul hungers.

To love, to adore, to worship someone with whom we are connected neither by birth, race, creed, nor in any worldly connection, comes from the love of the soul.

As many different substances there are in the world so many are the kinds of hearts. There are hearts of metal that take a long time and much fire of love to heat, and when once heated will melt and may be molded as you wish for the moment, but soon afterward turn cold. There are hearts of wax that melt instantly at the sight of the fire, and if there is a wick of ideal, they will keep their flame until they become nonexistent. There are hearts of paper that burn by a slight touch of the fire and turn into ashes in one moment.

Love is like the fire; its glow is devotion, its flame is wisdom, its smoke is attachment, and its ashes detachment. Flame rises from glow, so it is with wisdom, which rises from devotion.

Those people whose qualities harmonize like each other. It may be the bodily qualities that harmonize, or the mental qualities, or the qualities of the soul.

The tears in the thought of the fair one turn into flowers as they touch the ground.

If you seek God by night, God will follow you by day; wherever you are, in your affairs, in your business transactions, the help, the protection and the presence of the Divine will follow you.

It is the idealization of the lover that makes beauty precious. (“If it were not for you...”)

The consciousness that is awakened to the material world only has its object of love in the earthly beauties. The consciousness active through the mind finds its object in thought and among the thoughtful. The consciousness awakened through the heart loves love and the loving ones. And the consciousness awakened in the soul loves the spirit and the spiritual.

The successful travelers in the path of love are those whose love is so beautiful that it provides all the beauty that their ideal lacks.

The English phrase “to fall in love” conveys the idea of the true nature of love. It is a fall indeed from the pedestal of the ego to the ground of nothingness, but at the same time it is this fall that leads to a rise, for as low as the lover falls, so high the lover rises in the end. The lover falls in love as a seed is thrown in the ground. Both appear to be destroyed, and both in time spring up and flourish and bear fruit for the ever-hungry world.

Before those who see Allah rasul and shaikh disappear. They see only Allah in the pir and rasul. They see everything as Allah and see nothing else.

I have loved in life and I have been loved.

I have drunk the bowl of poison from the hands of Love as nectar,
and have been raised above life’s joy and sorrow.
My heart aflame in love set afire every heart that came in touch
with it.

My heart hath been rent and joined again,
My heart hath been broken and again made whole,

My heart hath been wounded and healed again,
A thousand deaths my heart hath died, and thanks be to Love, it
liveth yet.

I went through Hell and saw there love's raging fire, and I entered
Heaven illumined with the light of love.

I wept in love and made all weep with me,
I mourned in love and pierced the hearts of men,
And when my fiery glance fell on the rocks, the rocks burst forth as
volcanoes.

The whole world sank in the flood caused by my one tear,
With my deep sigh the earth trembled, and when
I cried aloud the name of my beloved I shook the throne of God in
Heaven.

I bowed my head low in humility, and on my knees
I begged of love, "Disclose to me, I pray thee, O love, thy secret."
She took me gently by my arms and lifted me above the earth, and
spoke softly in my ear,

"My dear one, thou thyself art love, art lover, and thyself art the
beloved whom thou hast adored."

Practice

"When the light of love is lit the heart becomes transparent, so that the
intelligence of the soul can see through it."

Turn your attention to the love that functions in your heart, observe
your heart clarifying and becoming transparent, then witness your
soul's lucidity shining through your heart. Recite 33x *'Ishq Allah*
Ma'bud Allah.

Upcoming Events & Links

Sufi Healing Service for the World

Wednesday, November 1st, 2023

<https://inayatiyya.org/event/sufi-healing-service-for-the-world/>

**Zikr – Swimming in Divine Remembrance, Thursday,
November 2nd, 2023**

<https://inayatiyya.org/event/zikr-swimming-in-divine-remembrance/>

Hurqalya Weekly Attunement

Thursday, November 2nd, 2023

<https://inayatiyya.org/event/hurqalya-weekly-attunement/>

Music and Mysticism

Saturday, November 4th, 2023

<https://inayatiyya.org/event/music-and-mysticism-fall-2023/>

Queer Pride Gathering

Saturday, November 4th, 2023

<https://inayatiyya.org/event/queer-pride-gathering-2023/>

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