# **CLASS THREE: PHOS**

### God creates Phos in the astral (mithali) Garden of Eden

Phos is the androgyne Adam-Kadmon/Phos

#### God directs the angels to bow before Phos

"And when the Lord said to the angels, 'I am placing a vicegerent upon the earth," they said, 'Wilt thou place therein one who will work corruption therein, and shed blood, while we hymn Thy praise and call Thee Holy?' And he taught Adam the names, all of them." (Qur'an 2:30-31)

### Iblis and jinn who follow him refuse

"And when we said to the angels, "Prostrate unto Adam," they prostrated, save Iblis. He refused and waxed arrogant, and was among the disbelievers." Qur'an 2:34

Michael expels Iblis from heaven, the emerald gem of his crown falls to earth

#### Adam and Eve are divided and enter the etheric (nasami) plane

"The Lord ... took one of his ribs ... then built up the rib ... into a woman." (Genesis 2:22)

"It is He who created you from one soul (*min nafsin wahidatin*, feminine) and made from it its spouse (*zawj*, masculine) that he might rest in her" (Qur'an 7:189)

#### Two trees in Paradise

There are two trees in Eden: the Tree of Life and the Tree of Knowledge

The fruit of Life transports souls to the angelic world (domain of *ruh*)

The fruit of Knowledge transports souls to the physical world (domain of *nafs* and *qalb*)

"Hail to my exile from the Garden of Eden to the earth! If I had not fallen, I should not have had the opportunity of probing the depths of life." Gayan

"The soul leaves the eternal bliss in order to be self-realized, but the conditions of this self realization are [illegible] and strife. ... Is the Serpent the symbol of wisdom or of the animal nature which is attached to the ego? Is the fruit of the tree of knowledge not the ego? Therefore, it is the mind which makes the soul eat of the ego. 'God hath said ye shall not eat of it, lest ye die.' Does it not mean that the soul will be deprived of its

freedom and be so to speak engraved by the ego? The ego brought to the soul and mind the conscious of I? 7-12 Was the ego not their limitation therefore the feeling of limitation brings a certain fear before the Absolute? They were conscious of their smallness before the [illegible] of God. 14- The serpent may be symbological of the animal nature of mankind due to their ego, therefore is it said 'upon thy belly shall thee go and dust shall then eat all the days of thy life,' meaning those qualities will be attached to the earth. ... 'In sorrow thou shall bring forth children.' Does this not mean that the mind shall develop and bring forth fruitful thoughts through suffering, the suffering to be limited? Also, the mind is ruled by the soul? Is the ground not symbolical of the heart to till the [ground]. The soul will suffer to cultivate the ground for cultivating the ground is the means of finding release from its limitation and that can only be accomplished through strife and pain is overcome that which pulls it to the earth? The mind is creative of every thought and action therefore would Eve be the mother of all living." from Noor's unpublished notes on Genesis

The serpent tempts Eve to eat the fruit of Knowledge

The serpent lives in the tailbone (qalab)

Distanced from Eden, Adam and Eve enter the physical world

The animals console Adam and Eve

Adam and Eve bear the Trust (amana) of the Entelechy (istikmal)

# Practice: Attunement to the Ruh and Qalb

# **CLASS FOUR: PREHISTORIC HUMANITY**

The religion of Adam and Eve is animistic

Cain (jalal) and Abel (jamal) destroy each other, Seth and Norea (kamal) survive

Seth stands at the gate of Eden and sees the two trees intertwined, signifying the sirr

Seth is the first Sufi

#### SETH IMAGE:

https://en.wikipedia.org/wiki/Seth#/media/File:Spas\_na\_llyine\_-\_Patriarch\_Seth.jpg

Seth, Norea, and Enoch transmit prophecy

Enoch's mysticism is animal; later, as Elias, rational (Fusus al-Hikam, Bezel of Elias)

As Melchizedek, Michael channels light from higher worlds, transforms the emerald of Iblis' crown into the Grail

Enoch (Idris, Hermes) builds pyramids (symbolizing the Entelechy), teaches star-devotion (Sabianism)

Souls enter Earth through portals of the World of Images ('alam al-mithal) in the stars

Enoch's sister is Sambethe (Thooslios), Enoch's brother is Asclepianos (linked with Lemuria and Atlantis respectively)

Practice: Invoking the Lord/Lady of Animals

اقدّس ارباب طلسمات الحيوانات ليقدس به الحيوانات

Uqaddisu arbaabi tilismaat il-haiwanaati liyuqadasa bihi al-haiwanaatu

I sanctify the Sovereigns of the talismans of the animals, and so, sanctify the animals