## Introduction to the Adab Curriculum

For those knights who would like to continue to study and work with Murshid's teachings on chivalry, here is a further curriculum based on Character Building and the Art of Personality. Each lesson is based on a particular chivalric quality. The qualities have been grouped into 6 groups, each with similar qualities. The Adab Curriculum is offered in two forms: the original words of Murshid and a gender-neutral version.

You may wish to take this curriculum as a self-study program. The instructions are included in the curriculum. Its structure is similar to the practice of the Herald with the Rules. If you would like to have the kind of support structure provided for the Herald practice, you can contact the Knighthood Chancellor at sg@inayatiyya.org and I will send you an ordination for each group of qualities and a template to keep track of your progress. Taking 40 days with each practice, the curriculum can be completed in just over 4 years. When you have completed the program, we are contemplating a further knighting ceremony. Please let me know if you have any questions.

Hassan Suhrawardi Gebel Knighthood Chancellor